



# EuroGames Bern 2023

27.07./28.07.2023



## Continue Event 2 - 100m Breaststroke Mixed

### Master 40-44 Men

2. Helmich, Rick 1980 NED Gay Swim Nijmegen 01:26,74 +00.91  
 50m: 00:40,87, 100m: 01:26,74 (00:45,87)

--- 2. Session ---

## Continue Event 6 - 50m Breaststroke Mixed

### Master 40-44 Men

2. Helmich, Rick 1980 NED Gay Swim Nijmegen 00:40,21 +02.81

--- 3. Session ---

## Continue Event 10 - 50m Freestyle Mixed

### Master 40-44 Men

10. Helmich, Rick 1980 NED Gay Swim Nijmegen 00:37,12 +09.00

--- 2. Session ---

## Continue Event 11 - 200m Breaststroke Mixed

### Master 40-44 Men

1. Helmich, Rick 1980 NED Gay Swim Nijmegen 03:10,57  
 50m: 00:43,49, 100m: 01:32,34 (00:48,85), 150m: 02:21,86 (00:49,52), 200m: 03:10,57 (00:48,71)